



Banzai!

Digital Citizenship

Workbook

2025–2026

TERMS AND
CONDITIONS


☐ ACCEPT

☐ DECLINE

POST


Passwords & Privacy


For this activity, you'll play the role of a hacker trying to guess someone's password using information they posted online. Take a look at the social media profile below.




Laura West
Gender: Female | Birthday: 5/29/2009
Dog lover. Ice cream eater.
Account Created: 2020


+ ≡

**Laura**
Chester Field




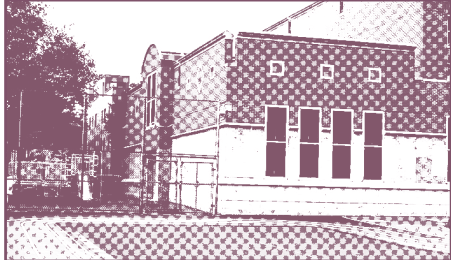
♥ 👍 🗑 ...
Laura West Is it lame that my little brother's soccer team is now my favorite? #gofoxes #socute

**Laura**
Smithfield Trail




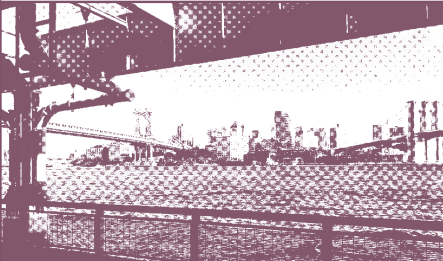
♥ 👍 🗑 ...
Laura West Went on a walk today and the trees were sooo pretty. Go outside! It's nice! #explore

**Laura**
Daisy Meadow Elementary





♥ 👍 🗑 ...
Laura West Weird to think it's been 5 years since elementary school. #sheesh

**Laura**
Carver Bridge





♥ 👍 🗑 ...
Laura West Stopped to snap this picture on my run. Love my hometown. #carvertownforlife

**Laura**
Friendly Paws Adoption



♥ 👍 🗑 ...
Laura West Can't believe it's been so long since we adopted my baby Reginald back in 2021.

**Laura**
Frosty Fields Restaurant



♥ 👍 🗑 ...
Laura West Always fun to go out with friends! Ice cream is life! #favoritefood

Many people reuse common elements in familiar formulas to create passwords. Using the information Laura posted to social media, fill out the formulas below.

Hint: Capitalize the first letter of each word, but don't use any spaces.

1. Last name + birth year: _____
2. Go + favorite sports team mascot + "!": _____
3. Pet's name + pet adoption year: _____
4. Favorite Food + year they created the password (Hint : Laura created this password when she made her account): _____

If a hacker can't guess someone's password, they may guess the answer to security questions that let them change a password. Use Laura's profile to answer these questions a website may ask.

5. What elementary school did you attend? _____
6. What city were you born in? _____

See how easy that was? When you share information about yourself online, you're making it far easier for your passwords to be guessed or reset.

Now, try following these steps to create a much safer password for Laura:

- At least 8 characters long
- A mix of uncapitalized and capitalized letters
- At least 1 number & 1 special character (ex: !, @, #, *, or &)
- No ties to personal information
- One word that can't be found in the dictionary, such as...
 - Words that swap out letters for symbols. Ex: "w@ter" or "be\$t"
 - A misspelled word. Ex: "water" or "bist"
 - A phrase converted to letters. Ex: water is the best = witb.

7. _____

Clickbait

A lot of information online is misleading or incorrect. A particularly big issue is clickbait, which is headlines specifically written to be inflammatory, offensive, or unbelievable so that people click on them to learn more.

Below are clickbait headlines that misconstrue well-known stories. Read through the stories on page 4, match them with the headlines, and write the appropriate letter in the “story” blank below. Then, rewrite the clickbait headline to be a more correct representation of what actually happened, including context.

Headlines

1. Young Woman Wakes Surrounded by Bears, Barely Escapes

A. Story: _____

B. Rewritten Headline: _____

2. Starving Man Left Breathless After Being Denied Food

A. Story: _____

B. Rewritten Headline: _____

3. Thief Robs Innocent Victims for Personal Gain

A. Story: _____

B. Rewritten Headline: _____

4. Young Girl Refuses Dinner With Her Grandmother, Neighbors Outraged

A. Story: _____

B. Rewritten Headline: _____

5. New High-Rise Building Leads to a Rise in Theft

A. Story: _____

B. Rewritten Headline: _____

Stories

A. Little Red Riding Hood

When confronted by a wolf in the woods, Little Red Riding Hood told him she was going to visit her grandmother. The wolf snuck ahead and hid the grandmother away, then dressed in her clothes and impersonated her. When Little Red arrived, he tried to eat them both. Luckily, a passing lumberjack heard the commotion. He scared the wolf away and rescued Little Red Riding Hood and her grandmother.

B. The Three Little Pigs

Three little pigs made homes for themselves: one of straw, one of wood, and one of brick. When the Big Bad Wolf came around to eat them, he managed to blow the first two houses down. The pigs all ran to the house of brick, which was too sturdy for the wolf to blow down. The pigs escaped and thanked their brother for putting in the extra work to build a stronger house.

C. Jack and the Beanstalk

Jack went to the market to sell his cow, but ended up trading it for magic beans. When he returned home, his mother threw the beans to the ground in anger. The next morning, Jack found that the beans sprouted into a giant beanstalk. Jack climbed up it to reach a land of giants in the sky. Jack stole treasure from the giants, then climbed back down and cut down the beanstalk.

D. Robin Hood

Robin Hood was an archer who lived in Sherwood Forest. He believed that the king levied taxes that were too high, so he stole from the rich in order to give to the poor. Robin Hood and his Merry Men had to escape various dangers in their quest to help the powerless, including evading the notorious Sheriff of Nottingham.

E. Goldilocks and the Three Bears

Goldilocks stumbled upon an abandoned house, where she sampled porridge, chairs, and beds. Each one was too much, too little, or just right. She even fell asleep in one of the beds and was woken up by the three bears when they came home. The angry bears chased the girl away.

Critical Thinking

6. List two ways you can help ensure that the information you're getting from the internet is actually true.

Tips for Online Games

Level up your online gaming skills while staying safe!



Hi! I'm Pixel, and I'm here with some tips on how to stay out of trouble while gaming online.

While playing online games, you will use a profile name to represent yourself. This profile name, sometimes called a gamertag or handle, is your online nickname in the gaming world! It's like a cool code name that shows everyone your style.

Here are some tips for picking an excellent gamertag:

A. Make It Fun and Easy to Remember:

- Use your favorite things like animals (WolfRunner98) or hobbies (ComicBookFan24), but be careful not to reveal personal information about yourself.
- Short and catchy is good (NightStriker, PixelPop).
- Add some numbers or symbols for a personal touch (LavaLizard_YT, GamerGirl101).

B. Keep It Appropriate:

- Avoid anything mean or offensive.
- Games might have rules about online names, so check first.

1. What kind of information would count as “personal information”? _____

2. Why might it be a bad idea to use your full name or other personal information in your gamertag? _____

3. Write down your new gamertag: _____



Online gaming can be a fun and social experience. Now that you have a gamertag, let's go over some ways to make sure your adventures are epic and secure!

Listed below are examples of messages you may be sent while gaming or using social media. For each, decide whether or not it's safe to respond and explain why.

4. What inspired your gamertag? ☐ Safe ☐ Unsafe

5. What school do you go to? ☐ Safe ☐ Unsafe



You never know who you're talking to online, so it's best to be cautious.

6. Do you like playing games for fun or competitively? ☐ Safe ☐ Unsafe

7. How did you get so terrible at this game!? ☐ Safe ☐ Unsafe



Don't engage with negativity – it can escalate the situation and ruin your gaming experience.

Sometimes, players might get frustrated and resort to insults or rude comments. Remember, these words don't define you, and the best course of action is to simply ignore them.

8. What's your favorite movie? ☐ Safe ☐ Unsafe

9. You are great at this game. What city are you from? Maybe we can meet and practice strategies together. ☐ Safe ☐ Unsafe



If someone makes you feel uncomfortable in any way, don't hesitate to report them to the game moderators. Remember, you have control over your online interactions, and your safety is the top priority.

Remember, online gaming can be a fun and social experience, but what's most important is that you protect your safety and privacy.

A seemingly innocent click can cause you to accidentally download malware (software designed to damage your device or steal your data), and giving information or money to the wrong person could make you the victim of a scam.

```
graph LR; A[A friend messages you on social media asking for help recovering their password.] --> B[You agree and enter your login information into the link they send.]; B --> C[Your login is actually sent to the hacker using your friend's account.]; C --> D[The hacker locks you out of your account and has access to all your stored info.];
```

A friend messages you on social media asking for help recovering their password.

You agree and enter your login information into the link they send.

Your login is actually sent to the hacker using your friend's account.

The hacker locks you out of your account and has access to all your stored info.

T			
1. Affinity Fraud		7. Phishing	
2. Catfishing		8. Ransomware	
3. Debt Collector Scam		9. Romance Scam	
4. Identity Theft		10. Spyware	
5. Keyloggers		11. Virus	
6. Lottery or Prize Scam			

Word Puzzle

$$\begin{array}{cccccc} & & & \tau & & \\ \hline 10 & 5 & 8 & 10 & 11 & 3 \end{array} \quad \begin{array}{cccc} & & & \\ \hline 3 & 1 & 10 & 11 \end{array} \quad \begin{array}{cccccccccccc} & & & & & & & & & & & & & & \\ \hline 3 & 6 & 3 & 7 & 9 & 4 & 9 & 2 & 6 & 3 \end{array}$$

- A.** Malware that “spies” on your device and records your information.
- C.** When a thief steals someone’s information and pretends to be them so they can open accounts or claim refunds.
- I.** A scam where a person pretends to be romantically interested in someone online to get money or gifts from them.
- L.** Malware that tracks and records what someone enters on their keyboard so that the hacker can get passwords or information.
- O.** When a person uses an online persona to gain someone else’s trust.
- P.** When a scammer pretends to be a well-known company to get someone to click a dangerous link or reveal personal information like passwords or account numbers.
- S.** When a scammer sends someone an intimidating email pretending to be a debt collector and threatens them if they don’t pay money immediately.
- X.** When a scammer pretends to have a connection with someone (by claiming to attend the same church, be in the same alumni group, etc.) to gain their trust.
- U.** When a scammer contacts someone claiming they won a prize and just need to pay a shipping fee or confirm their identity by entering private information.
- W.** Malware that locks up a device and makes it unusable until the owner pays a ransom.
- Y.** Malware that quickly replicates itself, spreads through a device, and damages it, like a virus in a human body.

13. How can you incorporate the advice from the word puzzle into your online interactions?

14. You get an email asking you to click a link and confirm your Netflix password. How could you confirm this isn’t a scam or an attempt to install malware on your device?

Digital Wellness

Digital wellness is an important aspect of your relationship with technology, including how it makes you feel and how you spend your time on it. Fill out your Digital Profile below, then answer the questions about your technology usage on page 10.

For each category, check the box for the devices or platforms you use at least once a week, estimate how many hours you use them, and answer any remaining questions.

Video Services

- | | | | |
|----------------------------------|----------------------------------|--------------------------------------|----------------------------------|
| <input type="checkbox"/> Netflix | <input type="checkbox"/> Hulu | <input type="checkbox"/> Paramount + | <input type="checkbox"/> Peacock |
| <input type="checkbox"/> Disney+ | <input type="checkbox"/> Youtube | <input type="checkbox"/> Prime Video | <input type="checkbox"/> Other |

1. Hours spent watching video services per week: _____

Phones, Computers, & Tablets

- | | | |
|------------------------------------|---|---------------------------------------|
| <input type="checkbox"/> Cellphone | <input type="checkbox"/> Desktop Computer | <input type="checkbox"/> Kindle |
| <input type="checkbox"/> Laptop | <input type="checkbox"/> iPad | <input type="checkbox"/> Other tablet |

2. Hours spent using per week: _____

3. List the two things you do the most on these devices (ex: talking to friends, playing games, etc.)

a. _____

b. _____

Gaming Systems

- | | | |
|--------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Gaming PC | <input type="checkbox"/> Steam Deck | <input type="checkbox"/> Switch or other Nintendo Console |
| <input type="checkbox"/> PlayStation | <input type="checkbox"/> XBox | <input type="checkbox"/> Other |

4. Hours spent gaming per week: _____

Social Media

- | | | | |
|------------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> Facebook | <input type="checkbox"/> Snapchat | <input type="checkbox"/> X | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Instagram | <input type="checkbox"/> TikTok | <input type="checkbox"/> WhatsApp | |

5. Hours spent on social media per week: _____

6. Total Hours: _____

7. How do you feel about how many hours you spend on technology? Do you wish it were more or less? Why?

8. List 2 ways digital devices can **help** your health (mental, emotional, social, or physical).

9. List 2 ways technology can **hurt** your health (mental, emotional, social, or physical).

For each statement below, check True or False and answer the related question.

10. Most often, I feel happier or better about myself when I finish using technology than I did when I started.

☐ True ☐ False

11. Why do you think that is?

12. Technology has helped me find new friends or feel closer to the ones I already have.

☐ True ☐ False

13. How can you keep your interactions online positive?

14. I'm often surprised by how much time has passed when I use technology.

☐ True ☐ False

15. How can you help make sure you're spending your time in the best way possible?

Dangerous Websites

Read the paragraphs below and answer the following questions.

Do you know how to spot a dangerous website? The first step is to check for a lock symbol or “HTTPS” (instead of HTTP) at the beginning of the URL. The S stands for Secure Socket Layer, or SSL certificate. If a website has an SSL certificate, that means that they are who they say they are. It also means they encrypt the data on their site, making it harder for hackers to steal things like your name, email address, and credit card information.

Any website that sells products should also have a privacy policy, return policy, physical address, and contact information. This shows that they take your safety seriously as a customer and that you won't be left on your own if something goes wrong with your order. You should also check for bad reviews on the site and others. A simple search of “Is (website name) safe?” will show other peoples' experiences. And, finally, trust your gut. If the site is littered with obtrusive or suspicious ads or popups and seems poorly or cheaply designed, that's a bad sign.

1. What two policies should you ensure a website has before buying from them?

a. _____

b. _____

2. Why is it important to ensure a website you're buying from has their contact information listed?

3. What does it mean if a site has an SSL certificate?

4. What is a danger of using an unsafe website?

5. Why is it helpful to search for reviews on a company or product before buying?

The site below features multiple dangers. Circle three in the illustration, number your circles 6-8, and write what the red flag is in the corresponding blanks below.

The screenshot shows a website with several red flags and promotional elements:

- URL:** <http://shopsforbops.com>
- Header:** "Best Deal **YOU WILL FIND!!!** Dont be the only 1 without." and "Privacy Policy: Coming Soon".
- Left Sidebar:** "Sign up for the Shops for Bops membership today!"
- Main Content:**
 - A ticket for "Singing Septet World Tour Tickets" with a barcode and "Front Row + Meet and Greet".
 - A badge saying "\$350 each Selling out fast!" with a "Checkout" button.
 - A pop-up saying "YOU WON THE DAILY DRAWING! Click **HERE** to claim your prize!"
- Shop Reviews:**
 - ★★★★★ Not only did I get my tickets I got 10 extratickets and was upgraded to premium seats with no extra charge! Everyone should bye your tix here.
 - ★★★★★ Wowza! Super happy to buy from here. Will tell all my frens about this site!
 - ★★★★★ I wanted to buy tickuts for the Taylor Quick concert in town but they were sold out and I didn't know what to do and I looked everywhere but no one had any or anything and I was so sad. I came here to look and they said they could get me tickuts and I got some. Everyone should use this website.

6. _____
7. _____
8. _____

9. Despite the other red flags, this website has lots of positive reviews. Why do you think that is?

10. If you really wanted to go to this concert, how could you make sure you were buying the tickets safely on a different site?

Avoiding Digital Plagiarism

Plagiarism is using someone else's words, ideas, or work and presenting them as your own—without giving credit.

Types of Plagiarism (especially on the internet):

- Copy-Paste Plagiarism: Copying text directly from a website without citing it.
- “Patchwriting”: Changing a few words but keeping the sentence mostly the same.
- Uncited Paraphrasing: Rewriting something in your own words, but not saying where it came from.
- Using Media Without Credit: Using images, videos, or music found online without credit or permission.

Is It Plagiarism?

Let's say you're writing a paper about how *Moby-Dick* explores obsession. You come across this famous line in the book:

“He piled upon the whale's white hump the sum of all the general rage and hate felt by his whole race from Adam down...” — *Moby-Dick*, Herman Melville

Here are two examples of how a student might use this line in their paper:

Example A:

Captain Ahab's anger is bigger than just one whale. He piles onto the whale's white hump all the rage and hate ever felt by humanity, blaming it for everything bad in the world.

1. Is this an example of plagiarism? Why or why not?

Example B:

Captain Ahab represents more than just a man chasing a whale. As Melville writes, “He piled upon the whale's white hump the sum of all the general rage and hate felt by his whole race from Adam down” (*Moby-Dick*). This shows how Ahab turns his personal obsession into something much larger—an all-consuming hatred rooted in humanity's deepest frustrations.

2. Is this an example of plagiarism? Why or why not?

Critical Thinking Challenge

It can be hard to know when and how much to cite your sources. A good rule of thumb is to give enough information that the reader can reasonably check the source on their own. The more obscure the source, the more detailed your citation would need to be.

Sample Citation:

“Abraham Lincoln’s Gettysburg Address was under far more scrutiny in its time than it is today, according to History.com’s article titled ‘The Gettysburg Address.’”

3. Select an article at banzai.org/articles and use it to support an argument for or against buying a home. Write your argument then cite the article properly, using the example above.

4. Explain why you wrote the reference the way you did.

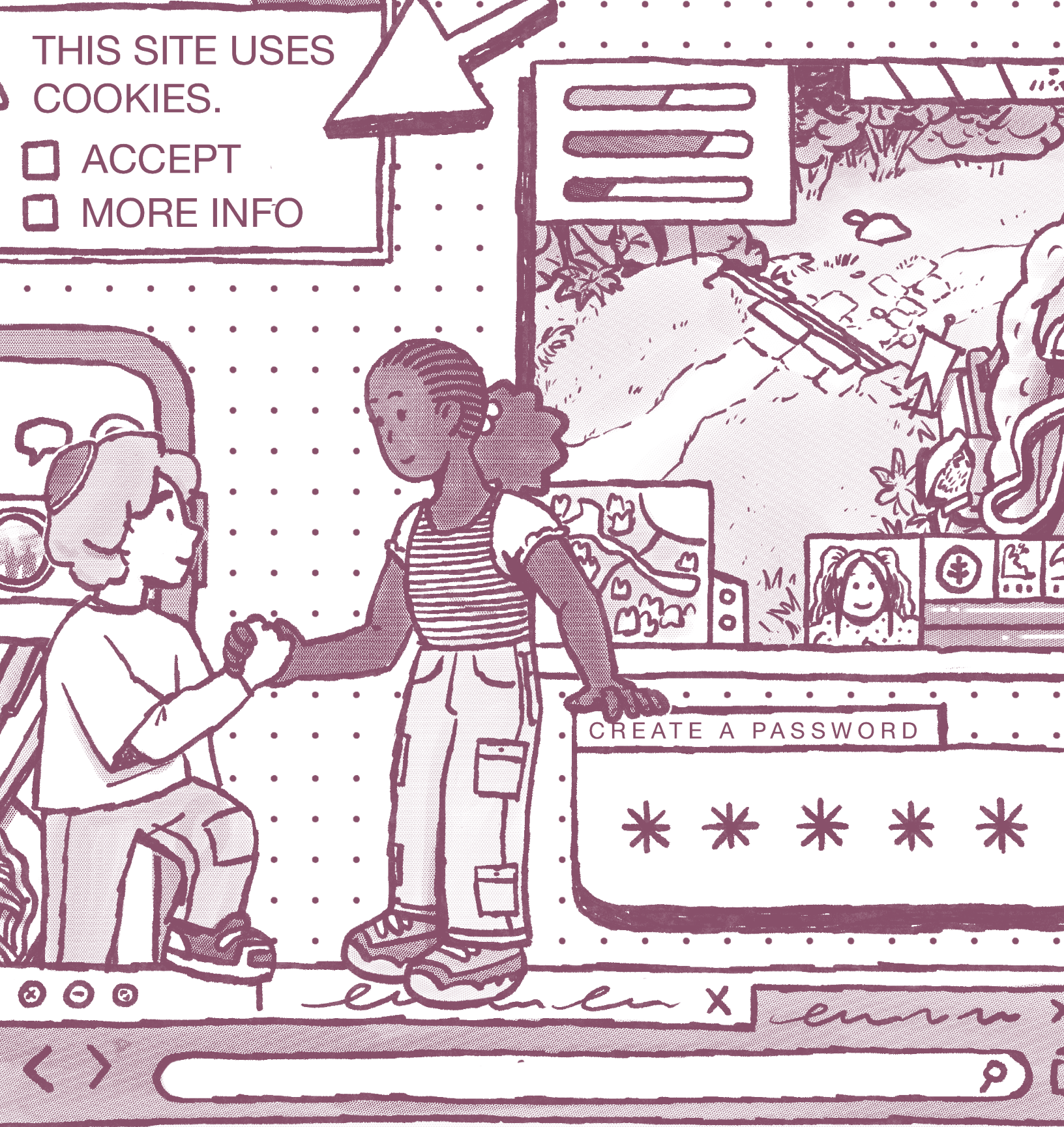
5. Why is it important to use your own thinking when researching online?

6. How does citing your sources show respect for others’ work?

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☐ MORE INFO



banzai.org
888.822.6924
support@banzai.org

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