



**Banzai!**

# Digital Citizenship

## Workbook

2025–2026

TERMS AND  
CONDITIONS

☐ ACCEPT


☐ DECLINE

POST



# Passwords & Privacy

For this activity, you'll play the role of a hacker trying to guess someone's password using information they posted online. Take a look at the social media profile below.




**Laura West**


Gender: Female | Birthday: 5/29/2009  
Dog lover. Ice cream eater.  
Account Created: 2020

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**Laura**  
Chester Field




♥ 👍 🗑 ...

**Laura West** Is it lame that my little brother's soccer team is now my favorite? #gofoxes #socute




**Laura**  
Smithfield Trail

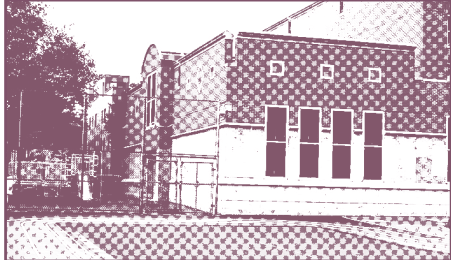


♥ 👍 🗑 ...

**Laura West** Went on a walk today and the trees were sooo pretty. Go outside! It's nice! #explore




**Laura**  
Daisy Meadow Elementary

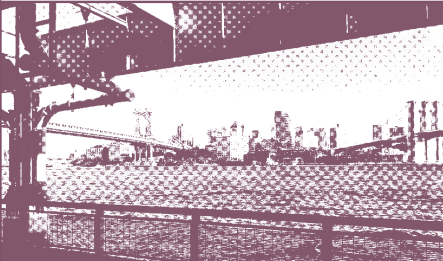


♥ 👍 🗑 ...

**Laura West** Weird to think it's been 5 years since elementary school. #sheesh




**Laura**  
Carver Bridge




♥ 👍 🗑 ...

**Laura West** Stopped to snap this picture on my run. Love my hometown. #carvertownforlife




**Laura**  
Friendly Paws Adoption




♥ 👍 🗑 ...

**Laura West** Can't believe it's been so long since we adopted my baby Reginald back in 2021.



**Laura**  
Frosty Fields Restaurant



♥ 👍 🗑 ...

**Laura West** Always fun to go out with friends! Ice cream is life! #favoritefood

Many people reuse common elements in familiar formulas to create passwords. Using the information Laura posted to social media, fill out the formulas below.

**Hint:** Capitalize the first letter of each word, but don't use any spaces.

1. Last name + birth year: West2009
2. Go + favorite sports team mascot + "!": GoFoxes!
3. Pet's name + pet adoption year: Reginald2021
4. Favorite Food + year they created the password (Hint : Laura created this password when she made her account): IceCream2020

If a hacker can't guess someone's password, they may guess the answer to security questions that let them change a password. Use Laura's profile to answer these questions a website may ask.

5. What elementary school did you attend? DAISY MEADOWS ELEMENTARY
6. What city were you born in? CULVER TOWN

See how easy that was? When you share information about yourself online, you're making it far easier for your passwords to be guessed or reset.

Now, try following these steps to create a much safer password for Laura:

- At least 8 characters long
- A mix of uncapitalized and capitalized letters
- At least 1 number & 1 special character (ex: !, @, #, \*, or &)
- No ties to personal information
- One word that can't be found in the dictionary, such as...
  - Words that swap out letters for symbols. Ex: "w@ter" or "be\$t"
  - A misspelled word. Ex: "water" or "bist"
  - A phrase converted to letters. Ex: water is the best = witb.

7. ANSWERS WILL VARY.

# Clickbait

A lot of information online is misleading or incorrect. A particularly big issue is clickbait, which is headlines specifically written to be inflammatory, offensive, or unbelievable so that people click on them to learn more.

Below are clickbait headlines that misconstrue well-known stories. Read through the stories on page 4, match them with the headlines, and write the appropriate letter in the “story” blank below. Then, rewrite the clickbait headline to be a more correct representation of what actually happened, including context.

## Headlines

1. Young Woman Wakes Surrounded by Bears, Barely Escapes

A. Story:   E  

B. Rewritten Headline: \_\_\_\_\_ **ANSWERS WILL VARY.**

2. Starving Man Left Breathless After Being Denied Food

A. Story:   B  

B. Rewritten Headline: \_\_\_\_\_ **ANSWERS WILL VARY.**

3. Thief Robs Innocent Victims for Personal Gain

A. Story:   D  

B. Rewritten Headline: \_\_\_\_\_ **ANSWERS WILL VARY.**

4. Young Girl Refuses Dinner With Her Grandmother, Neighbors Outraged

A. Story:   A  

B. Rewritten Headline: \_\_\_\_\_ **ANSWERS WILL VARY.**

5. New High-Rise Building Leads to a Rise in Theft

A. Story:   C  

B. Rewritten Headline: \_\_\_\_\_ **ANSWERS WILL VARY.**

## Stories

### A. Little Red Riding Hood

When confronted by a wolf in the woods, Little Red Riding Hood told him she was going to visit her grandmother. The wolf snuck ahead and hid the grandmother away, then dressed in her clothes and impersonated her. When Little Red arrived, he tried to eat them both. Luckily, a passing lumberjack heard the commotion. He scared the wolf away and rescued Little Red Riding Hood and her grandmother.

### B. The Three Little Pigs

Three little pigs made homes for themselves: one of straw, one of wood, and one of brick. When the Big Bad Wolf came around to eat them, he managed to blow the first two houses down. The pigs all ran to the house of brick, which was too sturdy for the wolf to blow down. The pigs escaped and thanked their brother for putting in the extra work to build a stronger house.

### C. Jack and the Beanstalk

Jack went to the market to sell his cow, but ended up trading it for magic beans. When he returned home, his mother threw the beans to the ground in anger. The next morning, Jack found that the beans sprouted into a giant beanstalk. Jack climbed up it to reach a land of giants in the sky. Jack stole treasure from the giants, then climbed back down and cut down the beanstalk.

### D. Robin Hood

Robin Hood was an archer who lived in Sherwood Forest. He believed that the king levied taxes that were too high, so he stole from the rich in order to give to the poor. Robin Hood and his Merry Men had to escape various dangers in their quest to help the powerless, including evading the notorious Sheriff of Nottingham.

### E. Goldilocks and the Three Bears

Goldilocks stumbled upon an abandoned house, where she sampled porridge, chairs, and beds. Each one was too much, too little, or just right. She even fell asleep in one of the beds and was woken up by the three bears when they came home. The angry bears chased the girl away.

## Critical Thinking

6. List two ways you can help ensure that the information you're getting from the internet is actually true.

**ANSWERS WILL VARY.**

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# Tips for Online Games

Level up your online gaming skills while staying safe!



*Hi! I'm Pixel, and I'm here with some tips on how to stay out of trouble while gaming online.*

*While playing online games, you will use a profile name to represent yourself. This profile name, sometimes called a gamertag or handle, is your online nickname in the gaming world! It's like a cool code name that shows everyone your style.*

Here are some tips for picking an excellent gamertag:

A. Make It Fun and Easy to Remember:

- Use your favorite things like animals (WolfRunner98) or hobbies (ComicBookFan24), but be careful not to reveal personal information about yourself.
- Short and catchy is good (NightStriker, PixelPop).
- Add some numbers or symbols for a personal touch (LavaLizard\_YT, GamerGirl101).

B. Keep It Appropriate:

- Avoid anything mean or offensive.
- Games might have rules about online names, so check first.

1. What kind of information would count as “personal information”? **ANSWERS WILL VARY, BUT SHOULD INCLUDE THINGS LIKE YOUR ADDRESS, PHONE NUMBER, OR SCHOOL.**

2. Why might it be a bad idea to use your full name or other personal information in your gamertag? **THAT INFORMATION CAN BE USED TO FIND YOU IN PERSON OR ON OTHER PLATFORMS.**

3. Write down your new gamertag: **ANSWERS WILL VARY.**



*Online gaming can be a fun and social experience. Now that you have a gamertag, let's go over some ways to make sure your adventures are epic and secure!*

**ALL ANSWERS MARKED “SAFE” BELOW, COULD ALSO BE UNSAFE IF THE STUDENT ARGUES THEY WOULD PREFER NOT TO SHARE IT.**

Listed below are examples of messages you may be sent while gaming or using social media. For each, decide whether or not it’s safe to respond and explain why.

4. What inspired your gamertag? ☒ Safe ☐ Unsafe

**YOUR GAMERTAG SHOULDN'T HAVE ANY DANGEROUS INFORMATION IN IT.**

5. What school do you go to? ☐ Safe ☒ Unsafe

**SOMEONE COULD USE THIS INFORMATION TO FIND YOU.**



*You never know who you’re talking to online, so it’s best to be cautious.*

6. Do you like playing games for fun or competitively? ☒ Safe ☐ Unsafe

**THIS DOESN'T REVEAL ANY PERSONAL INFORMATION.**

7. How did you get so terrible at this game!? ☐ Safe ☒ Unsafe

**THERE'S NO NEED TO ENGAGE WITH SOMEONE WHO IS TRYING TO BE RUDE.**



*Don’t engage with negativity – it can escalate the situation and ruin your gaming experience.*

*Sometimes, players might get frustrated and resort to insults or rude comments. Remember, these words don’t define you, and the best course of action is to simply ignore them.*

8. What’s your favorite movie? ☐ Safe ☐ Unsafe

**THIS DOESN'T REVEAL ANY PERSONAL INFORMATION.**

9. You are great at this game. What city are you from? Maybe we can meet and practice strategies together. ☐ Safe ☒ Unsafe

**YOU SHOULD NEVER AGREE TO MEET SOMEONE ONLINE OR GIVE AWAY WHERE YOU LIVE.**



*If someone makes you feel uncomfortable in any way, don’t hesitate to report them to the game moderators. Remember, you have control over your online interactions, and your safety is the top priority.*

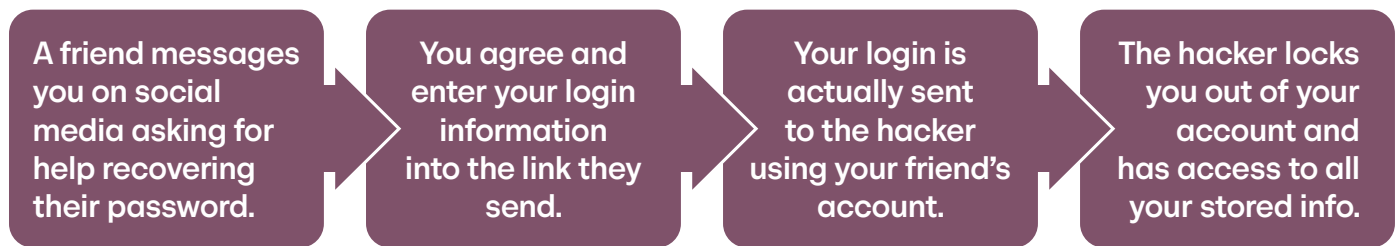
Remember, online gaming can be a fun and social experience, but what’s most important is that you protect your safety and privacy.



# Scams and Malware

A seemingly innocent click can cause you to accidentally download malware (software designed to damage your device or steal your data), and giving information or money to the wrong person could make you the victim of a scam.

You may think you'd never fall for a scam, but if you aren't paying careful attention, one wrong move can quickly turn into a big deal. Here's an example of that happening:



Below is a list of common scams or malware; their definitions are on page 8. Write the letter associated with the correct definition in the blank next to the term. Then, use the number of the term and the letter to solve the word puzzle below. #1 is filled in for you.

- |                          |          |                 |          |
|--------------------------|----------|-----------------|----------|
| 1. Affinity Fraud        | <u>T</u> | 7. Phishing     | <u>P</u> |
| 2. Catfishing            | <u>O</u> | 8. Ransomware   | <u>W</u> |
| 3. Debt Collector Scam   | <u>S</u> | 9. Romance Scam | <u>I</u> |
| 4. Identity Theft        | <u>C</u> | 10. Spyware     | <u>A</u> |
| 5. Keyloggers            | <u>L</u> | 11. Virus       | <u>Y</u> |
| 6. Lottery or Prize Scam | <u>U</u> |                 |          |

**Hint:** Read the definitions carefully. If you get stuck, fill in the parts of the word puzzle that you've figured out and use those answers to help you figure out other definitions.

## Word Puzzle

12. The best way to stay safe from scams and malware online is to...

<u>A</u>	<u>L</u>	<u>W</u>	<u>A</u>	<u>Y</u>	<u>S</u>	<u>S</u>	<u>T</u>	<u>A</u>	<u>Y</u>	<u>S</u>	<u>U</u>	<u>S</u>	<u>P</u>	<u>I</u>	<u>C</u>	<u>I</u>	<u>O</u>	<u>U</u>	<u>S</u>
10	5	8	10	11	3	3	1	10	11	3	6	3	7	9	4	9	2	6	3



- A.** Malware that “spies” on your device and records your information.
- C.** When a thief steals someone’s information and pretends to be them so they can open accounts or claim refunds.
- I.** A scam where a person pretends to be romantically interested in someone online to get money or gifts from them.
- L.** Malware that tracks and records what someone enters on their keyboard so that the hacker can get passwords or information.
- O.** When a person uses an online persona to gain someone else’s trust.
- P.** When a scammer pretends to be a well-known company to get someone to click a dangerous link or reveal personal information like passwords or account numbers.
- S.** When a scammer sends someone an intimidating email pretending to be a debt collector and threatens them if they don’t pay money immediately.
- X.** When a scammer pretends to have a connection with someone (by claiming to attend the same church, be in the same alumni group, etc.) to gain their trust.
- U.** When a scammer contacts someone claiming they won a prize and just need to pay a shipping fee or confirm their identity by entering private information.
- W.** Malware that locks up a device and makes it unusable until the owner pays a ransom.
- Y.** Malware that quickly replicates itself, spreads through a device, and damages it, like a virus in a human body.

**13.** How can you incorporate the advice from the word puzzle into your online interactions?

**ANSWERS WILL VARY.**

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**14.** You get an email asking you to click a link and confirm your Netflix password. How could you confirm this isn’t a scam or an attempt to install malware on your device?

**ANSWERS WILL VARY.**

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# Digital Wellness

Digital wellness is an important aspect of your relationship with technology, including how it makes you feel and how you spend your time on it. Fill out your Digital Profile below, then answer the questions about your technology usage on page 10.

For each category, check the box for the devices or platforms you use at least once a week, estimate how many hours you use them, and answer any remaining questions.

## Video Services

- |                                  |                                  |                                      |                                  |
|----------------------------------|----------------------------------|--------------------------------------|----------------------------------|
| <input type="checkbox"/> Netflix | <input type="checkbox"/> Hulu    | <input type="checkbox"/> Paramount + | <input type="checkbox"/> Peacock |
| <input type="checkbox"/> Disney+ | <input type="checkbox"/> Youtube | <input type="checkbox"/> Prime Video | <input type="checkbox"/> Other   |

1. Hours spent watching video services per week: ANSWERS WILL VARY.

## Phones, Computers, & Tablets

- |                                    |   |                                       |
|------------------------------------|---|---------------------------------------|
| <input type="checkbox"/> Cellphone | <input type="checkbox"/> Desktop Computer | <input type="checkbox"/> Kindle       |
| <input type="checkbox"/> Laptop    | <input type="checkbox"/> iPad             | <input type="checkbox"/> Other tablet |

2. Hours spent using per week: ANSWERS WILL VARY.

3. List the two things you do the most on these devices (ex: talking to friends, playing games, etc.)

- a. ANSWERS WILL VARY.
- b. ANSWERS WILL VARY.

## Gaming Systems

- |                                      |                                     |   |
|--------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Gaming PC   | <input type="checkbox"/> Steam Deck | <input type="checkbox"/> Switch or other Nintendo Console |
| <input type="checkbox"/> PlayStation | <input type="checkbox"/> XBox       | <input type="checkbox"/> Other                            |

4. Hours spent gaming per week: ANSWERS WILL VARY.

## Social Media

- |                                    |                                   |                                   |                                       |
|------------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> Facebook  | <input type="checkbox"/> Snapchat | <input type="checkbox"/> X        | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Instagram | <input type="checkbox"/> TikTok   | <input type="checkbox"/> WhatsApp |                                       |

5. Hours spent on social media per week: ANSWERS WILL VARY.

6. Total Hours: ANSWERS WILL VARY.

7. How do you feel about how many hours you spend on technology? Do you wish it were more or less? Why?

**ANSWERS WILL VARY.**

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8. List 2 ways digital devices can help your health (mental, emotional, social, or physical).

**ANSWERS WILL VARY, BUT COULD INCLUDE ACCESS TO FRIENDS, IT HELPS YOU LEARN NEW THINGS, WELLNESS APPS, ETC.**

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9. List 2 ways technology can hurt your health (mental, emotional, social, or physical).

**ANSWERS WILL VARY, BUT COULD INCLUDE CYBERBULLYING, PRESSURE TO BE PERFECT, TOO MUCH TIME SITTING STILL, ETC.**

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For each statement below, check True or False and answer the related question.

10. Most often, I feel happier or better about myself when I finish using technology than I did when I started.

☐ True ☐ False **ANSWERS WILL VARY.**

11. Why do you think that is?

**ANSWERS WILL VARY.**

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12. Technology has helped me find new friends or feel closer to the ones I already have.

☐ True ☐ False **ANSWERS WILL VARY.**

13. How can you keep your interactions online positive?

**ANSWERS WILL VARY.**

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14. I'm often surprised by how much time has passed when I use technology.

☐ True ☐ False **ANSWERS WILL VARY.**

15. How can you help make sure you're spending your time in the best way possible?

**ANSWERS WILL VARY.**

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# Dangerous Websites

Read the paragraphs below and answer the following questions.

Do you know how to spot a dangerous website? The first step is to check for a lock symbol or “HTTPS” (instead of HTTP) at the beginning of the URL. The S stands for Secure Socket Layer, or SSL certificate. If a website has an SSL certificate, that means that they are who they say they are. It also means they encrypt the data on their site, making it harder for hackers to steal things like your name, email address, and credit card information.

Any website that sells products should also have a privacy policy, return policy, physical address, and contact information. This shows that they take your safety seriously as a customer and that you won't be left on your own if something goes wrong with your order. You should also check for bad reviews on the site and others. A simple search of “Is (website name) safe?” will show other peoples' experiences. And, finally, trust your gut. If the site is littered with obtrusive or suspicious ads or popups and seems poorly or cheaply designed, that's a bad sign.

1. What two policies should you ensure a website has before buying from them?

a. **PRIVACY POLICY**

b. **RETURN POLICY**

2. Why is it important to ensure a website you're buying from has their contact information listed?

**ANSWERS WILL VARY, BUT LIKELY SOMETHING ABOUT CONTACTING THEM IF THERE ARE ISSUES.**

3. What does it mean if a site has an SSL certificate?

**THE WEBSITE IS WHO THEY SAY THEY ARE AND THEY ENCRYPT AND PROTECT USER DATA.**

4. What is a danger of using an unsafe website?

**ANSWERS WILL VARY, BUT WILL LIKELY INCLUDE SOMETHING ABOUT THEIR INFORMATION BEING**

**STOLEN.**

5. Why is it helpful to search for reviews on a company or product before buying?

**ANSWERS WILL VARY, BUT WILL LIKELY INCLUDE SOMETHING ABOUT DOUBLE CHECKING**

**MARKETING CLAIMS AND SEEING OTHER PEOPLE'S EXPERIENCES.**



The site below features multiple dangers. Circle three in the illustration, number your circles 6-8, and write what the red flag is in the corresponding blanks below.

The screenshot shows a web browser window with the address bar displaying 'http://shopsforbops.com'. The website has a dark blue header with three white circles on the left. The main content area is divided into several sections:

- Left Sidebar:** A vertical banner that says 'Sign up for the Shops for Bops membership today!'.
- Top Banner:** A dark blue banner with white text that reads 'Best Deal **YOU WILL FIND!!!** Dont be the only 1 without.'
- Privacy Policy:** A small link in the top right corner that says 'Privacy Policy: Coming Soon'.
- Central Ticket Image:** A large image of a concert ticket for 'Singing Septet World Tour Tickets'. The ticket features a barcode, a large blue arrow pointing right, and the text 'Front Row + Meet and Greet'.
- Right Side:** A yellow box with a black border that says '\$350 each Selling out fast!' and 'Checkout'. Below this is a red box with white text that says 'YOU WON THE DAILY DRAWING!' and 'Click **HERE** to claim your prize!'.
- Shop Reviews:** A section titled 'Shop Reviews' with three reviews, each with five stars and a positive comment.

The reviews are as follows:

- ★★★★★ Not only did I get my tickets I got 10 extratickets and was upgraded to premium seats with no extra charge! Everyone should bye your tix here.
- ★★★★★ Wowza! Super happy to buy from here. Will tell all my frens about this site!
- ★★★★★ I wanted to buy tickuts for the Taylor Quick concert in town but they were sold out and I didn't know what to do and I looked everywhere but no one had any or anything and I was so sad. I came here to look and they said they could get me tickuts and I got some. Everyone should use this website.

6. **ORDER AND SPECIFICS WILL VARY, BUT SHOULD INCLUDE INTRUSIVE ADS,**
7. **NO SSL CERTIFICATE, A POORLY DESIGNED SITE, ETC.**
8. \_\_\_\_\_
9. Despite the other red flags, this website has lots of positive reviews. Why do you think that is?  
**ANSWERS WILL VARY, BUT WILL LIKELY TALK ABOUT HOW YOU CAN'T TRUST**  
**THE SITE ITSELF, THE REVIEWS AREN'T VERY TRUSTWORTHY, ETC.**
10. If you really wanted to go to this concert, how could you make sure you were buying the tickets safely on a different site?  
**ANSWERS WILL VARY.**

# Avoiding Digital Plagiarism

**Plagiarism** is using someone else's words, ideas, or work and presenting them as your own—without giving credit.

## Types of Plagiarism (especially on the internet):

- Copy-Paste Plagiarism: Copying text directly from a website without citing it.
- “Patchwriting”: Changing a few words but keeping the sentence mostly the same.
- Uncited Paraphrasing: Rewriting something in your own words, but not saying where it came from.
- Using Media Without Credit: Using images, videos, or music found online without credit or permission.

## Is It Plagiarism?

Let's say you're writing a paper about how *Moby-Dick* explores obsession. You come across this famous line in the book:

“He piled upon the whale's white hump the sum of all the general rage and hate felt by his whole race from Adam down...” — *Moby-Dick*, Herman Melville

Here are two examples of how a student might use this line in their paper:

### Example A:

Captain Ahab's anger is bigger than just one whale. He piles onto the whale's white hump all the rage and hate ever felt by humanity, blaming it for everything bad in the world.

1. Is this an example of plagiarism? Why or why not?

**ANSWERS WILL VARY.**

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### Example B:

Captain Ahab represents more than just a man chasing a whale. As Melville writes, “He piled upon the whale's white hump the sum of all the general rage and hate felt by his whole race from Adam down” (*Moby-Dick*). This shows how Ahab turns his personal obsession into something much larger—an all-consuming hatred rooted in humanity's deepest frustrations.

2. Is this an example of plagiarism? Why or why not?

**ANSWERS WILL VARY.**

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**Critical Thinking Challenge**

It can be hard to know when and how much to cite your sources. A good rule of thumb is to give enough information that the reader can reasonably check the source on their own. The more obscure the source, the more detailed your citation would need to be.

**Sample Citation:**

“Abraham Lincoln’s Gettysburg Address was under far more scrutiny in its time than it is today, according to History.com’s article titled ‘The Gettysburg Address.’”

3. Select an article at [banzai.org/articles](http://banzai.org/articles) and use it to support an argument for or against buying a home. Write your argument then cite the article properly, using the example above.

**ANSWERS WILL VARY.**

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4. Explain why you wrote the reference the way you did.

**ANSWERS WILL VARY.**

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5. Why is it important to use your own thinking when researching online?

**ANSWERS WILL VARY.**

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6. How does citing your sources show respect for others’ work?

**ANSWERS WILL VARY.**

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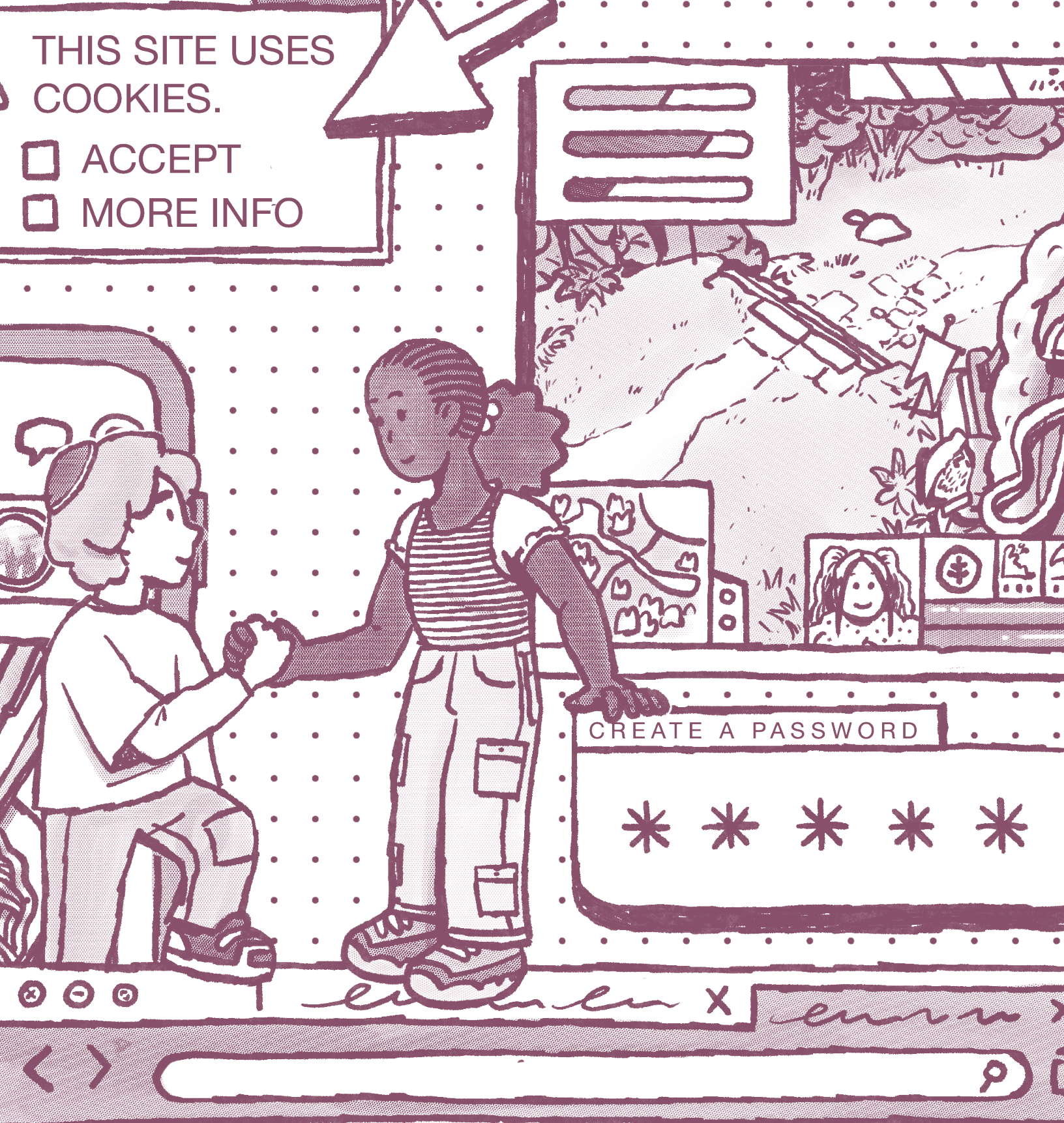
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